

Pregnancy in the News

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[Can Health Insurance Be Denied Because You're Pregnant?](#)

Apparently, pregnancy is considered by some insurers to be a pre-existing condition. Better not lose your job and health insurance while pregnant!

[The New Breastfeeding Rules](#)

Is nursing always the best answer? You decide...

[Two Factors Reduce Post-partum Depression Risk](#)

Researches discovered two factors that reduce the risk of depression: age (the older the woman the lower her chance of depression), and whether or not a woman has worked during pregnancy (which reduces the risk). They also discovered a near spot-on method to predict PPD.

[Half a Million Expectant and New Moms Die Each Year & 99% of Them Are in Developing Countries](#)

No matter how many problems our health care system has in the U.S., a pregnant mom can find emergency care. I wish all mothers could.

New Mom Kim Clijsters wins the US Open title

This was not her plan. Having been forced by injury to retire at 23, Kim took time off and started a family. When her daughter was just a year old she played in a couple of tournaments that offered her wildcard entries into the Open. And then she won. How can we explain her success? She's superwoman. Or perhaps having a baby improves both physical and mental performance? That's what the research says:

BBC News – [Motherhood: a boon for the body?](#)

Gaurdian.co.uk – [Kim Clijsters made it look easy, but for most it's a different story](#)

[Recession Has Women Rethinking Childbearing](#)

Researchers surveyed 1,000 low and middle-income sexually active women between 18 and 39 and found that 44% are postponing pregnancy or want to have fewer children because of economic concerns, and one way they are saving money is by cutting back on birth-control. Say what!?! I wonder how this is going to work out.